



Rule Category:
Medical

Ref: No:
2011-MN-0007

Version Control:
Version No.4.0

Effective Date:
08-02-2019

Revision Date:
February 2020



Acne management

Adjudication Guideline

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Abstract

For Members

Acne is a skin problem that starts when oil and dead skin cells clog up pores. Some people call it blackheads, blemishes, whiteheads, pimples, or zits. Just a few red spots, or pimples, are a mild form of acne. Severe acne can mean hundreds of pimples that can cover the face, neck, chest, and back or it can be bigger, solid, red lumps that are painful (cysts).

Acne is commonly classified as mild, moderate and severe or inflammatory & non-inflammatory. Acne may be treated with a combination of remedies including over-the counter skin care acne medications, and chemical or laser procedures.

Treatment of acne is considered to be cosmetic in nature, and is not covered for all plans administered by Daman, except in cases of infected acne and severe cystic acne where it is considered medically necessary.

For Medical Professionals

Based on the general exclusion of Daman's various policies, treatment of acne is considered to be cosmetic in nature, and is not covered for any health insurance plan administered by Daman unless proven otherwise to be medically necessary.

Daman considers treatment of the following types of acne medically necessary, if the treatment rendered is not targeted towards treating the signs and symptoms which are cosmetic in nature:

- Infected acne (if the treatment rendered is targeted towards treating the infection)
- Severe cystic acne

Isotretinoin (systemic) is a schedule drug- used for management of infected acne- always requires authorization.

Isotretinoin tablets should only be prescribed by dermatologist.

Pretreatment Isotretinoin (systemic) laboratory tests are covered as per the international best practice.

Approved by:
Daman

Responsible:
Medical Standards & Research

Related Adjudication Guidelines:
None

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Scope

This guideline highlights Daman's adjudication policy on the treatment of acne for all health insurance plans administered by Daman.

Adjudication Policy

Eligibility / Coverage Criteria

Daman considers treatment of the following types of acne medically necessary, if the treatment rendered is not targeted towards treating the signs and symptoms which are cosmetic in nature:

- Infected acne (if the treatment rendered is targeted towards treating the infection)
- Severe cystic acne

Requirements for Coverage

ICD and CPT codes must be coded to the highest level of specificity.

Non-Coverage

Based on the general exclusion of Daman's various policies, treatment of acne is considered to be cosmetic in nature, and is not covered for any health insurance plan administered by Daman unless proven otherwise to be medically necessary.

Payment and Coding Rules

Please apply DOH payment rules and regulations and relevant coding manuals for ICD, CPT, etc.

Denial codes

Code description
Service is not clinically indicated based on good clinical practice
Service(s) is (are) not covered
Diagnosis(es) is (are) not covered
Scheduled drug is not authorised
Clinician ID cannot bill this drug

Appendices

A. References

- https://www.uptodate.com/contents/treatment-of-acne-vulgaris?search=acne%20treatment&source=search_result&selectedTitle=1~150&usage_type=default&display_rank=1#H4114226234
- Guidelines of care for the management of acne vulgaris
<https://www.aad.org/.../Quality%20care%20and%20guidelines/Acne-guideline.pdf>
- <https://bestpractice.bmj.com/topics/en-us/101/treatment-algorithm>

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B. Revision History

Date	Change(s)
01-07-2013	Release of V2.0 - New template
15-07-2014	Release of V3.0 - Disclaimer updated as per system requirements - Restored original effective date
09-01-2019	Release of V4.0 - Content update

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