

# Caesarean Delivery

## Adjudication Guideline

**Rule Category:**  
Medical

**Ref: No:**  
2019-MN-0040

**Version Control:**  
Version No. 2.0

**Effective Date:**  
12/08/2019

**Revision Date:**  
31/12/2024

**Approved by:**  
Daman

**Responsible:**  
Medical Standards  
& Research

**Related Adjudication  
Guidelines:**  
N/A

## Table of Contents

1.	Abstract.....	3
1.1	For Members .....	3
1.2	For Medical Professionals .....	3
2.	Scope.....	3
3.	Adjudication Policy .....	3
3.1	Eligibility / Coverage Criteria .....	3
3.2	Requirements for Coverage.....	4
3.3	Non-Coverage.....	4
3.4	Payment and Coding Rules.....	4
4.	Denial Codes.....	5
5.	Appendices .....	6
5.1	References .....	6
5.2	Revision History .....	6

## 1. Abstract

### 1.1 For Members

Caesarean delivery is defined as the delivery of a fetus through surgical incisions made through the abdominal wall (laparotomy) and the uterine wall (hysterotomy).

Caesarean delivery also known as c-section, it is a major abdominal surgery involving two incisions (cuts): One is an incision through the abdominal wall, and the second is an incision involving the uterus to deliver the baby.

### 1.2 For Medical Professionals

This Adjudication Rule of Caesarean delivery outlines:

- The coverage for Caesarean delivery.
- Eligible candidates for Vaginal birth after Caesarean.
- When the trial of labour should not be attempted.
- Scar of the previous Caesarean.
- Complications obscuring delivery such as, but not limited to,
- Morbid Obesity.

## 2. Scope

The scope of this adjudication rule highlights the medical and billing coverage of Caesarean section delivery for all health insurance plans administered by Daman subject to the schedule of benefit terms/conditions and based on the medical necessity as per the listed below criteria.

## 3. Adjudication Policy

### 3.1 Eligibility / Coverage Criteria

#### Criteria for Vaginal Birth After Caesarean Candidates:

#### Candidates for trial of labour:

- One or two prior low-transverse caesarean deliveries.
- Clinically adequate pelvis.
- No other uterine scars or previous rupture.
- Physician immediately available throughout active labour, capable of monitoring labour and performing emergency caesarean delivery.
- Availability of anaesthesia and personnel for emergency caesarean delivery.

### **Circumstances under which a trial of labour should not be attempted:**

- Prior classic or T-shaped incision or other trans fundal uterine surgery.
- Contracted pelvis.
- Medical or obstetric complication that precludes vaginal delivery.
- Inability to perform emergency caesarean delivery because of unavailable surgeon, anaesthesia, enough staff, or facility.

### **Scar from previous delivery alone and no other complications:**

- Scar thickness should be clearly documented in millimetre for 2 or less previous transverse Caesarean deliveries.
- A clearly documented trial of labour after caesarean failure.
- Morbid Obesity complicating pregnancy with BMI 40 and above.

## **3.2 Requirements for Coverage**

- The Questionnaire (<https://www.damanhealth.ae/main/pdf/support/Questionnaire/CaesareanQuestionnaire.pdf>) must be filled and submit the required documents for preauthorization request for Caesarean Delivery.
- ICD and CPT codes must be coded to the highest level of specificity.
- Failure to submit, upon request or when requesting a clinical history, indication the need for testing will result in rejection of claim.
- Caesarean Delivery will be covered only for medical necessity.

## **3.3 Non-Coverage**

- Caesarean is not covered for visitor plan.
- Elective Caesarean section requested by the patient is not medically justified.
- Caesarean will not be covered if TOLAC is not attempted unless if its contraindicated and if TOLAC has failed.

## **3.4 Payment and Coding Rules**

Kindly apply regulatory payment rules and regulations and relevant coding manuals for ICD, CPT.

## 4. Denial Codes

Code	Code description
MNEC-003	Service is not clinically indicated based on good clinical practice
MNEC-004	Service is not clinically indicated based on good clinical practice, without additional supporting diagnoses/activities
MNEC-005	Service /supply may be appropriate, but too frequent
CLAI-012	Submission not complaint with contractual agreement between provider & payer
NCOV-003	Service(s) is (are) not covered
PRCE-002	Payment is included in allowance for another service
CDOE-010	Activity/diagnosis inconsistent with clinician specialty

## 5. Appendices

### 5.1 References

- <https://www.nice.org.uk/guidance/ng192>
- <https://www.doh.gov.ae/-/media/A3CF7597ABC94300AA0425B63A267051.ashx>
- <https://www.doh.gov.ae/-/media/14A4F678FA7B4B6181422369C226885A.ashx>
- <https://www.rcog.org.uk/for-the-public/browse-our-patient-information/considering-a-caesarean-birth/>
- <https://www.acog.org/womens-health/faqs/cesarean-birth>
- <https://ranzcog.edu.au/wp-content/uploads/Caesarean-Section.pdf>
- <https://www.ncbi.nlm.nih.gov/books/NBK546707/>

### 5.2 Revision History

Date	Change(s)
12/08/2019	Release of V1.0
10/01/2023	Release of V1.1 Questionnaire link update
31/12/2024	Release of V2.0

#### Disclaimer

By accessing these Daman Adjudication Guidelines, you acknowledge that you have read and understood the terms of use set out in the disclaimer below:

The information contained in this Adjudication Guideline is intended to outline the procedures of adjudication of medical claims as applied by the National Health Insurance Company – Daman PJSC (hereinafter "Daman"). The Adjudication Guideline is not intended to be comprehensive, should not be used as treatment guidelines and should only be used for the purpose of reference or guidance for adjudication procedures and shall not be construed as conclusive. Daman in no way interferes with the treatment of patient and will not bear any responsibility for treatment decisions interpreted through Daman Adjudication Guideline. Treatment of patient is and remains at all times the sole responsibility of the treating Healthcare Provider. This Adjudication Guideline does not grant any rights or impose obligations on Daman. The Adjudication Guideline and all of the information it contains are provided "as is" without warranties of any kind, whether express or implied which are hereby expressly disclaimed.

Under no circumstances will Daman be liable to any person or business entity for any direct, indirect, special, incidental, consequential, or other damages arising out of any use of, access to, or inability to use or access to, or reliance on this Adjudication Guideline including but without limitation to, any loss of profits, business interruption, or loss of programs or information, even if Daman has been specifically advised of the possibility of such damages. Daman also disclaims all liability for any material contained in other websites linked to Daman website.

This Adjudication Guideline is subject to the laws, decrees, circulars and regulations of Abu Dhabi and UAE. Any information provided herein is general and is not intended to replace or supersede any laws or regulations related to the Adjudication Guideline as enforced in the UAE issued by any governmental entity or regulatory authority, or any other written document governing the relationship between Daman and its contracting parties.

This Adjudication Guideline is developed by Daman and is the property of Daman and may not be copied, reproduced, distributed or displayed by any third party without Daman's express written consent. This Adjudication Guideline incorporates the Current Procedural Terminology (CPT®), which is a registered trademark of the American Medical Association ("AMA") and the CPT codes and descriptions belong to the AMA. Daman reserves the right to modify, alter, amend or obsolete the Adjudication Guideline at any time by providing one month prior notice.