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Influenza Prevention, Diagnosis, and Management

Adjudication Guideline

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Abstract

For Members

Influenza (flu) is an acute respiratory infection caused by influenza virus that is usually self-limiting. It can cause mild to severe illness, symptoms are more severe than those of common cold.

Daman covers medically justified treatment of influenza for all health insurance plans administered by Daman subjected to policy terms and conditions. Daman coverage of the flu vaccine (for prevention of influenza) will be limited to those plans with the specific benefit, subject to policy terms and conditions.

For Medical Professionals

Daman covers medically justified treatment of flu (including Antipyretics/analgesics and antiviral drugs) for all health insurance plans administered by Daman subject to policy terms and conditions. Daman coverage of the influenza vaccine will be limited to those plans with the specific benefit, subject to policy terms and conditions.

Daman follows the HAAD/DOH standards on prevention and control of Influenza.

Approved by:
Daman

Responsible:
Medical Standards & Research

Related Adjudication Guidelines:
N/A

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Scope

This guideline covers the outpatient prevention, diagnosis, and management of influenza (Flu) excluding cases identified as epidemic or pandemic.

Adjudication Policy

Eligibility / Coverage Criteria

- I. Daman covers the following Vaccination, treatment, and diagnostic investigations for influenza infection such as but not limited to (for more details, kindly refer to DOH slandered on prevention and control of influenza):
 - Influenza Inactivated Trivalent (IIV3) Vaccine;
 - Rapid Influenza Diagnostic Test;
 - Anti-viral drugs.
- II. Antiviral drug "Oseltamivir", always requires a pre-authorization.

Requirements for Coverage

ICD, CPT, and Drug codes must be coded to the highest level of specificity subject to policy terms and conditions.

Non-Coverage

Daman does not cover the below scenarios:

- 1- For Visitors plan, not covered.
- 2- Flu chemoprophylaxis is not covered for those health insurance plans that do not have the preventive benefit.
- 3- Flu vaccine is not covered for those health insurance plans that do not have the preventive vaccination benefit.

Payment and Coding Rules

Please apply HAAD/DOH payment rules and regulations and relevant coding manuals for ICD, CPT.

Denial codes

Code description
Service is not clinically indicated based on good clinical practice
Service is not clinically indicated based on good clinical practice, without additional supporting diagnoses/activities
Service(s)is (are) not covered
Submission not compliant with contractual agreement between provider & payer

Appendices

A. References

- <http://bestpractice.bmj.com/topics/en-gb/6/treatment-algorithm>
- https://www.uptodate.com/contents/treatment-of-seasonal-influenza-in-adults?search=influenzae&source=search_result&selectedTitle=1~150
- <https://www.haad.ae/haad/tabid/1008/Default.aspx>
- <https://www.haad.ae/HAAD/LinkClick.aspx?fileticket=Tmn3smpDoT8%3D&tabid=183>
- <https://www.haad.ae/HAAD/LinkClick.aspx?fileticket=fjhAVBs5MFs%3d&tabid=183>
- https://www.haad.ae/HAAD/LinkClick.aspx?fileticket=I_DsMTL7gIk%3d&tabid=183
- <https://www.cdc.gov/features/flu-antivirals/index.html>
- <https://www.cdc.gov/flu/professionals/diagnosis/table-testing-methods.htm>

B. Revision History

Date	Change(s)
01-03-2011	Release of V1.0
01-07-2013	Release of V2.0: - New template
15-07-2014	Release of V 4.0: - Disclaimer updated as per system requirements - Restored original effective date
28-06-2018	Release of V5.0: - Updated content based on the HAAD/DOH standards.