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Medical

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Daycare Procedures

Adjudication Rule

Approved by:
Daman

Responsible:
Medical Strategy & Development Department

Related Adjudication Rules:
None

Abstract

For Members

Surgeries listed by Daman as day care procedure are minor surgeries or investigations. Day care admission can be extended to inpatient stay if the patient presents with a need for prolonged medical care or any medical emergency within the stay. Daman covers day care procedures for all its health insurance plans, subject to policy terms and conditions.

For Medical Professionals

Daman covers day care procedures for all its health insurance plans, subject to policy terms and conditions.

Day care procedure includes a number of relatively minor procedures. While considering day surgery, the treating doctor has to document the fitness of the patient for day surgery. Daman does not restrict any procedure based on the type of anesthesia. Day care procedures can be performed under General anesthesia, regional anesthesia or under Local anesthesia. Appropriate anesthetic drug selection is vital for day surgery to be performed efficiently.

Any procedure can be performed on day care basis when decided by the treating doctor and medically justified.

Daman covers IP stay or IP extensions of the day stay for any day care procedures when medically necessary.

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Scope

The scope of this adjudication rule is to enlist the procedures that can be performed on Day care basis. Moreover, this adjudication rule explains the circumstances where day care cases can proceed to inpatient stay.

Daman considers this as an advisory document. It does not restrict the treating doctor if inpatient admission is medically justified.

Day care procedure includes a number of relatively minor procedures. Surgeries listed by Daman as day care procedure are minor surgeries or investigations.

Daman segregates Day care procedures based on the following criteria:

- Minimal physiological trespass.
- Not associated with excessive blood loss or fluid shifts.
- Very low risk of serious post-operative complications (e.g.: bleeding or airway obstruction).
- Duration of procedure up to 1 hour or 2 hours maximum.
- Post-operative pain controllable with oral analgesics after discharge.
- The patient reasonably ambulant at the time of discharge.

Adjudication Policy

Eligibility / Coverage Criteria

Daman covers day care procedures for all health insurance plans administered by Daman (subject to policy terms and conditions).

While considering day surgery, the treating doctor has to document the fitness of the patient for day surgery. Daman does not restrict any procedure based on the type of anesthesia. Day care procedures can be performed under General anesthesia, regional anesthesia or under Local anesthesia. Appropriate anesthetic drug selection is vital for day surgery to be performed efficiently.

Any procedure can be performed on day care basis when decided by the treating doctor and medically justified.

Daman covers IP stay or IP extensions of the day stay for any day care procedures when medically necessary.

Day care admission can be extended to inpatient stay if the patient presents any one of the following conditions listed in 'column A' in combination with anyone of the conditions listed in 'column B'.

Column A	Column B
Acute / Sub-acute bleeding and / or intervention requiring Haemoglobin drop.	Continuous or intermittent intravenous medication and / or infusion (does not includes feeding through gastric tube).
Blood pressure Systolic < 90 or > 200 mmHg Diastolic <60 or >120 mmHg.	Surgery, intervention or special diagnostic measure within the next 24 hours, the special Resources and facilities of a hospital requires.
Acute / (progressive) Paralysis or other acute neurological Symptoms.	Multiple monitoring of vital signs, including through the monitor, at least every 4 hours.
Severe electrolyte imbalance or blood gas derailment or current derailment urinary metabolites.	Treatment in an intensive care Intermittent, several times daily, or continuous, assisted or controlled ventilation.
Life-threatening infection or persistent or intermittent Fever (> 38.0 ° C core temperature).	Sudden disturbance of consciousness or acute confusional state.
Acute hearing loss.	Pulse rate < 50/min or > 140/min.
Acute or progressive sensory, motor, functional, circulatory or respiratory or dermatologic disturbances as well as pain conditions, which obstruct or endanger the patient seriously.	Blood pressure Systolic < 90 or > 200 mmHg Diastolic <60 or >120 mmHg.
	Acute Loss of vision or sense of balance.
	Acute hearing loss.
	Acute / (progressive) Paralysis or other acute neurological Symptoms.
Disease, treatment with cancer chemotherapy or other potentially life-threatening Substances requires.	Life-threatening infection or persistent or intermittent Fever (> 38.0 ° C)
	Acute / Sub-acute bleeding and / or intervention requiring Hemoglobin drop.
	Severe electrolyte imbalance or blood gas derailment or current derailment urinary metabolites.
Continuous or intermittent intravenous medication and / or infusion (does not includes feeding through gastric tube).	Acute or progressive sensory, motor, functional, circulatory or respiratory or dermatologic disturbances as well as pain conditions, which obstruct or endanger the patient seriously
Pulse rate < 50/min or > 140/min.	Strong suspicion or evidence of myocardial Ischemia
Multiple monitoring of vital signs, including through the monitor, at least every 4 hours.	Disease, treatment with cancer chemotherapy or other potentially life-threatening substances

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Requirements for Coverage

ICD9 CM CPT etc. codes to be reported to its maximum specificity. ICD-9 CM codes to be medically necessary for the respective procedure.

Non-Coverage

If any procedure that is available within the day care procedures list is performed on inpatient basis, the coverage will depend on the medical justification.

Also, Medical justification is required to perform an outpatient procedure (procedure that can be done in the outpatient or emergency room like injection, Incision and drainage of abscess, suturing etc) on day care basis.

For Visitors plan, any elective procedure or procedure for a/c exacerbation of chronic or pre-existing condition is not covered.

Payment and Coding Rules

Please apply HAAD payment rules and regulations and relevant coding manuals for ICD, CPT, etc.

Day care procedure CPT codes are categorized into two:

1. Ambulatory only procedures

These procedures can be performed as ambulatory or outpatient. These can either be incidental or simple procedures. Medical necessity is to be established whenever performed as inpatient.

2. Ambulatory / Inpatient procedures

These procedures can be performed as ambulatory or Inpatient.

The criteria for performing these procedures as inpatient are as follows:

- More than minimal physiological trespass.
- Associated with excessive blood loss or fluid shifts.
- High risk of serious post-operative complications (e.g.: bleeding or airway obstruction).
- Duration of procedure more than 2 hours.
- Post-operative pain not controllable with oral analgesics after discharge.
- The patient will not be ambulant at the time of discharge.

If medically necessary, Daman covers extension of stay for a procedure performed as day surgery. Medical necessity is to be established by additional ICD-9CM diagnosis.

Adjudication Examples

Example 1

Question: A 35 year old male patient, holding UAE plan was diagnosed with Ureteral stone as principle diagnosis (ICD 9 code 592.1) and hydronephrosis as other diagnosis (ICD 9 code 591). The procedure requested is 'Cystourethroscopy, with insertion of indwelling ureteral stent' (CPT 52332). The patient developed post dural puncture head ache.

Answer: The procedure of 'Cystourethroscopy, with insertion of indwelling ureteral stent' to be approved as a daycare. There is no medical justification for inpatient stay.

Example 2

Question: A 55 year old female, holding Regional plan was diagnosed with senile Cataract unspecified as principle diagnosis (ICD 9 code 366.10) and uncontrolled Type 2 Diabetes Mellitus (ICD9 code 250.02). The provider claimed one day hospitalization for the procedure 'Extracapsular cataract removal with insertion of intraocular lens prosthesis' (CPT 66983).

Answer: The claims to pay the procedure of 'Extracapsular cataract removal with insertion of intraocular lens prosthesis' as inpatient as it is medially justified.

Denial codes

Code	Code description
MNEC-004	Service is not clinically indicated based on good clinical practice, without additional supporting diagnoses/activities
PRCE-002	Payment is included in the allowance for another service

Appendices

A. Reference

1. Bailey & love's short Practice of Surgery, 23rd Edition
2. British Association of Day Surgery
3. British Association of Day Surgery. Spinal anesthesia in day surgery: A practical guide, 2004
4. British Association of Day Surgery. Day surgery unit index, 2008

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B. Revision History

Date	Change(s)
01-07-13	V 2.0: New template
15-07-14	1. V 3.0 2. Disclaimer updated as per system requirements 3. Restored original effective date

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