

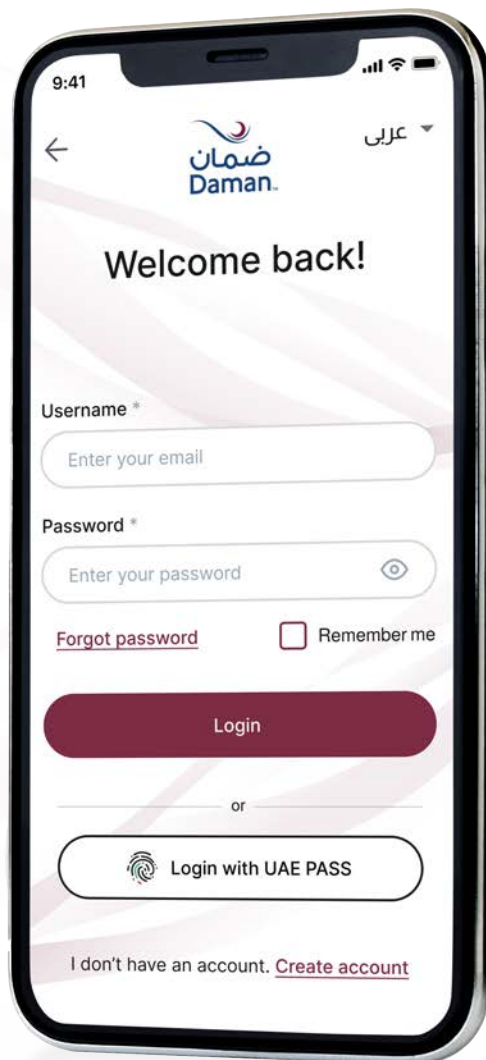
The Daman App Guide

Get complete control of your insurance from anywhere, any time.



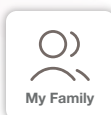
Welcome to the Daman App

The Daman App gives you easy and quick access to your health insurance benefits and details, right from your smartphone.



The Daman App Services

Enjoy a plethora of services and benefits, all in one place.



Access digital card details, insurance benefits and policy details for you and your family.



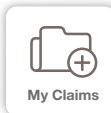
Find all your insurance-related documents in one place for easy access.



Book an appointment for yourself, or for a family member.



Locate medical providers under your network, no matter where you are.



Submit and track reimbursement claims easily.

The Daman App Services



My Coverage

Discover your policy benefits.



Travel Products

Explore our travel products.



Pre-approvals

Get live updates on your pre-approval requests.



Account Settings

Set up your MyDaman account as you like.



About Daman

Learn more about Daman and our products.



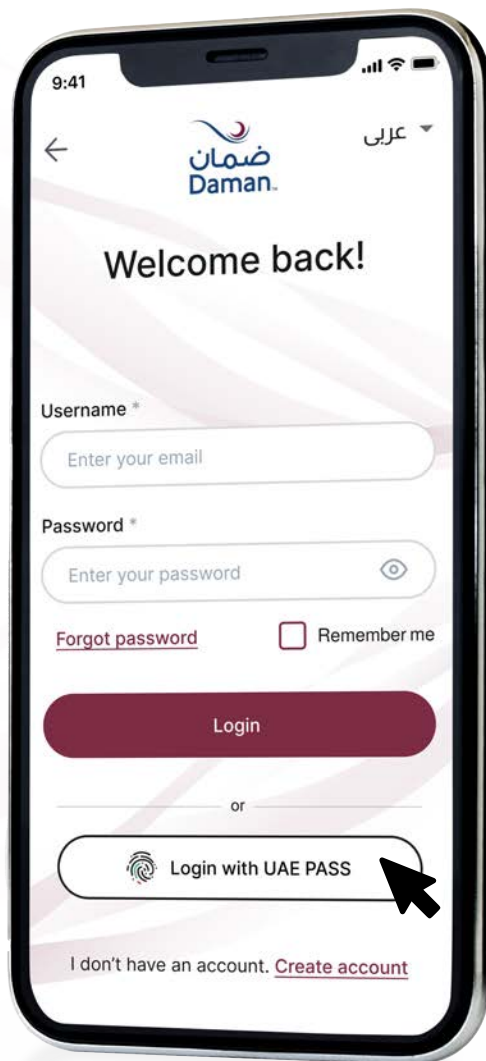
Contact Us

Get in touch with us if you have any queries.

Login Experience

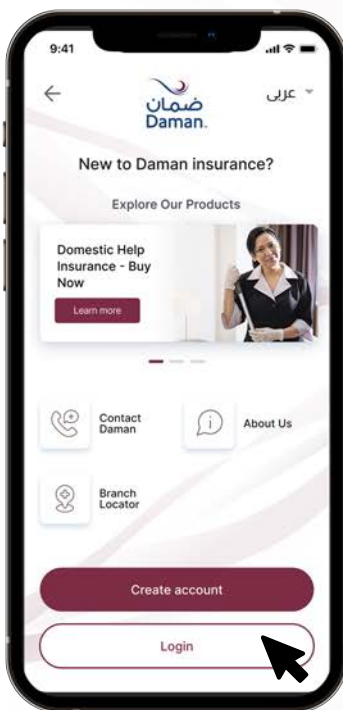
Login with UAE PASS

If you have a UAE Pass account, you can login directly to our mobile app without having to register or create an account.



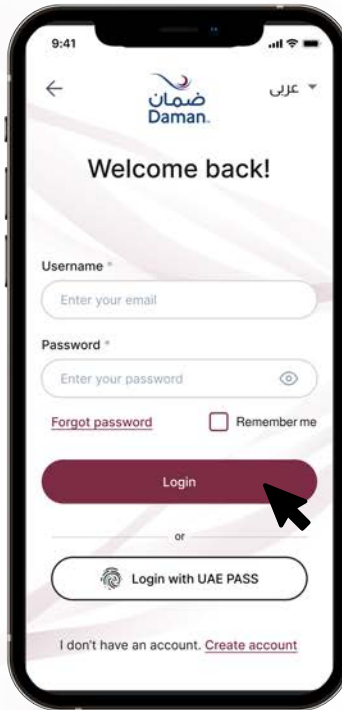
Login Experience

In case you don't have a UAE Pass, you can login using the following steps.



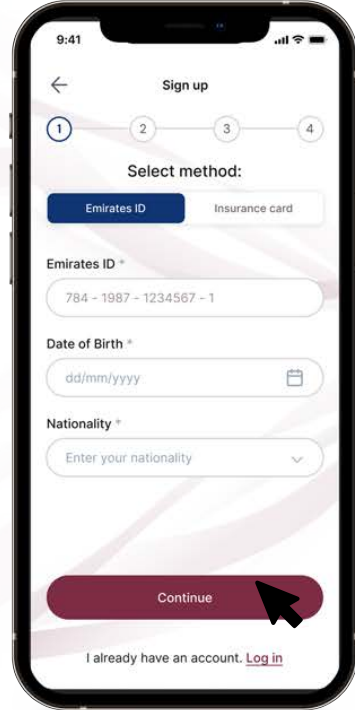
Step 1:

Click on 'Login'.



Step 2:

Login using your details.



Step 3:

Incase you forgot your password, you can login using your Emirates ID or Policy card through the next 3 steps.

Login Experience

9:41

Forgot Password

Account recovery

Username

Alex99

Phone number *

+971 553456789

Email *

d.spencer@gmail.com

Send an Activation Code

Cancel

Step 4:

Enter your account details.

9:41

Forgot Password

Account recovery

Username

Alex99

Phone number *

+971 553456789

Email

d.spencer@gmail.com

Verification code has been sent to the phone number you've provided above:

1 2 3 4 5 6

Resend code

Verify my account

Cancel

Step 5:

You can then verify your account using the verification code sent to your phone number.

9:41

Forgot Password

Secure your account

Username

Alex99

Create password ⓘ

Enter your password

Re-enter password

Re-enter your password

Save & Continue

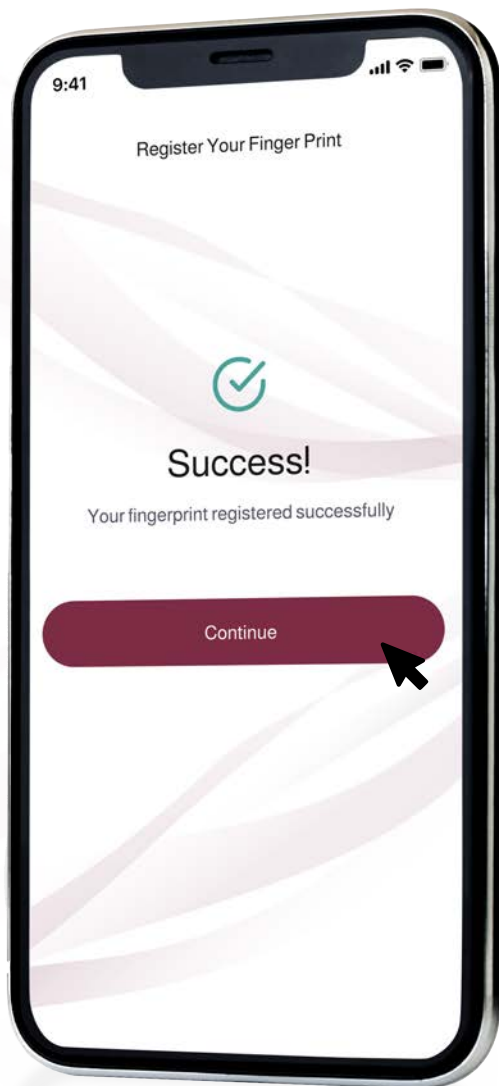
Cancel

Step 6:

Finally, you can secure your account by creating a new password.

Login Experience

Congratulations! You are now logged into the app.



Sign-up for the Daman App

Registering and setting up your Daman account is easy and convenient.

Get started the way you want

9:41

Sign up

1 2 3 4

Select method:

Emirates ID Insurance card

Emirates ID *

784 - 1987 - 1234567 - 1

Date of Birth *

dd/mm/yyyy

Nationality *

Enter your nationality

Continue

I already have an account. [Log in](#)

9:41

Sign up

1 2 3 4

Select method:

Emirates ID Insurance card

Card number *

1234567

Date of Birth *

dd/mm/yyyy

Nationality *

Enter your nationality

Continue

I already have an account. [Log in](#)

Step 1: Choose how you want to sign up.

Sign-up for the Daman App

9:41

Sign up

1 2 3 4

Select policy

Enhanced Bronze

Policy no: 12739619 Expires: 17 Apr 2024
Card no: 10168700

Enhanced Bronze

Policy no: 12235481 Expires: 17 Apr 2023
Card no: 10168700

Enhanced Bronze

Policy no: 11742044 Expires: 17 Apr 2022
Card no: 10168700

Continue

Step 2:
Select your policy.

9:41

Create account

1 2 3 4

Create account

Create username *

Enter your username

Create password *

Enter your password

Re-enter password *

Re-enter your password

☐ I agree to the [Terms & Conditions](#)

Create account

Step 3:
Enter account details.

9:41

Personal details

1 2 3 4

Personal details

Phone number *

+971 553456789

Email *

Enter your email

I'd like to receive news and information from Daman.

☐ by SMS ☐ by email

Send a verification code

Step 4:
Enter personal details.

Sign-up for the Daman App

9:41

Personal details →

Personal details

Phone number

+97155522442

Email

Enter your email

I'd like to receive news and information from Daman:

☒ by SMS ☐ by email

Verification code has been sent to the phone number you've provided above.

1 2 3 4 5 6

[Resend code](#)

Verify my account

Step 5:
Confirm details.

9:41

Account created

👤

Congratulations!

You have successfully created your account, enjoy all the features of the Daman app!

You can turn on biometric login for easier access to the app. You can also do it in your account settings

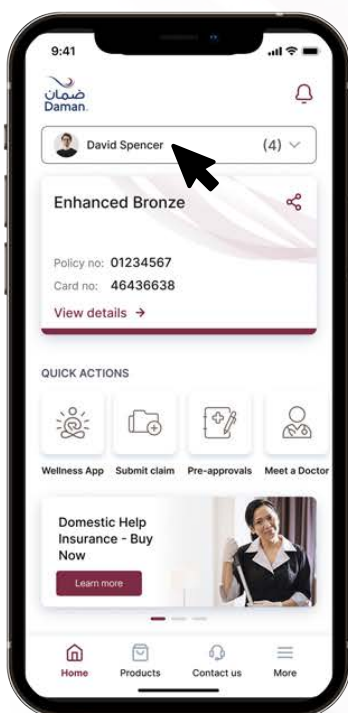
Turn on Biometrical login

[Skip](#)

Step 6:
Set up your fingerprint and get started.

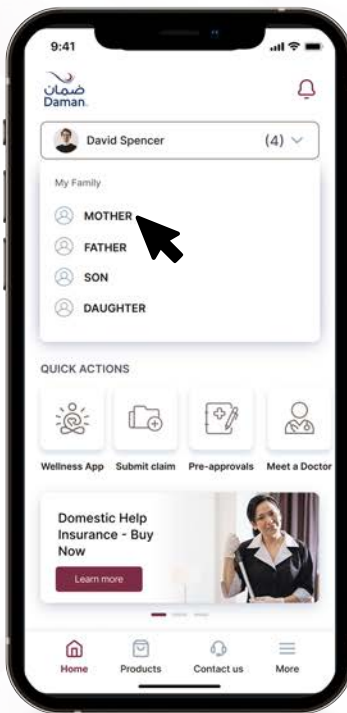
My Insurance and Family

Get access to all your important health insurance details, including benefits and policy information, for you and your family members.



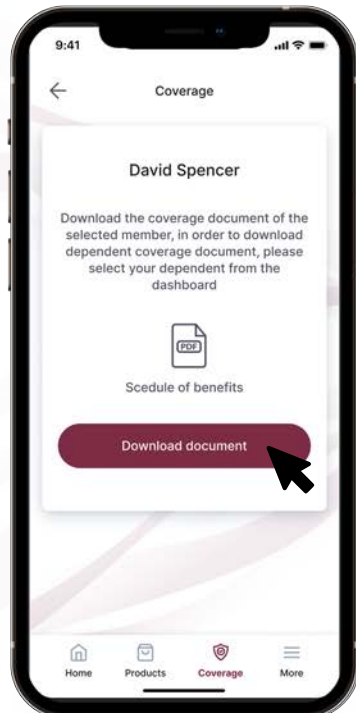
Step 1:

Click on your name, at the top of the screen.



Step 2:

Select the name of the person whose details you wish to see.



Step 3:

You can also download the insurance documents of the selected individual and explore their Schedule of Benefits.

Do More with the Daman Dashboard

Your dashboard gives you quick access to a wide range of services.

Services:

Submit Claim

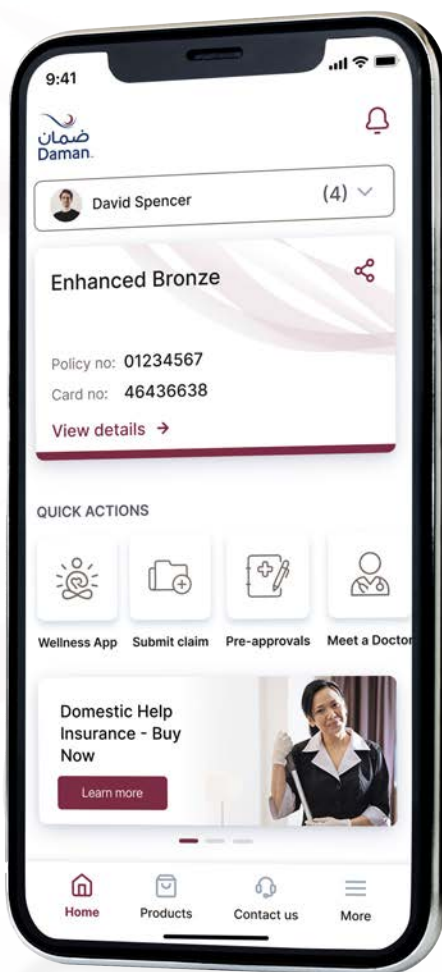
Submit your reimbursement claim directly in a few steps.

Pre-approvals

Track your pre-approval requests with live updates.

Meet a Doctor

Book an appointment quickly for yourself, or a family member.



Do More with the Daman Dashboard

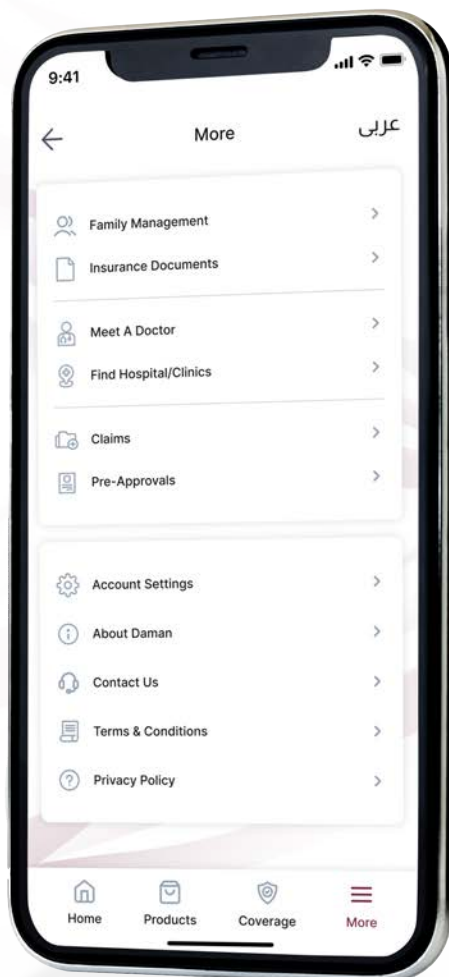
Services:

Find Hospital

No matter where you are, you can find a medical provider near you effortlessly.

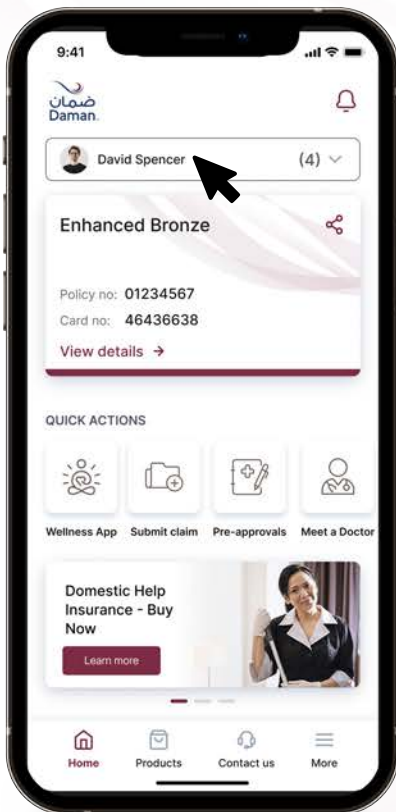
Insurance Documents

Get easy access to all insurance-related documents, for you and your family.



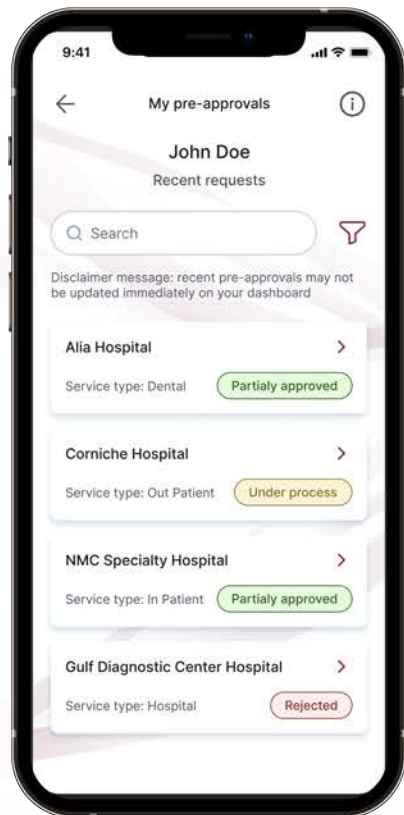
Pre-Approvals Dashboard

Get live updates on all your pre-approval requests.



Step 1:

From the dashboard on the homepage, select 'Pre-approvals', you can see them all in one place.



Step 2:

Click on a pre-approval request to explore all details, including status of the request.

Claims Dashboard

Submit and track reimbursement claims for you and your family.

Step 1: From the dashboard on the homepage, select claims.

Step 2: From here, you can submit a claim or track submitted claims.

Step 3: To submit a claim, enter your bank details.

Step 4: Now enter claim details.

Step 5: Select the relevant documents for your claim and upload them.

Step 6: Enter more details if needed.

Step 7: Your claim request is submitted.

Meet a Doctor/ Find a Hospital

Expert medical assistance
and advice is never too far away.

Step 1: From the dashboard on the homepage, select 'Meet a Doctor'

Step 2: Or you can choose to 'Find a Hospital'

Step 3: Enter your current location details.

Step 4: Explore list of available medical providers.

Step 5: Choose your preferred option.

Daman Products and Services

Find the right Daman insurance product for you, effortlessly.

Products:

Abu Dhabi Basic Plan

Domestic Help Insurance

Affordable plans for your domestic help that offer benefits such as inpatient, outpatient and emergency.

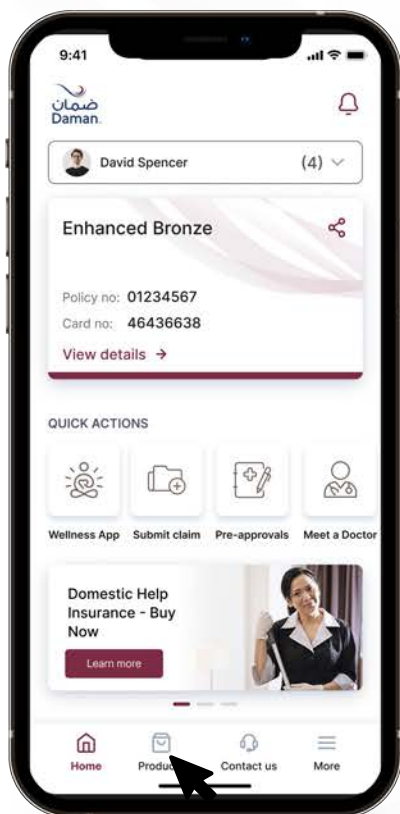
Alami

Outbound travel emergency health insurance that ensures utmost peace of mind no matter where you travel with a wide range of protection options.

Ziyarah

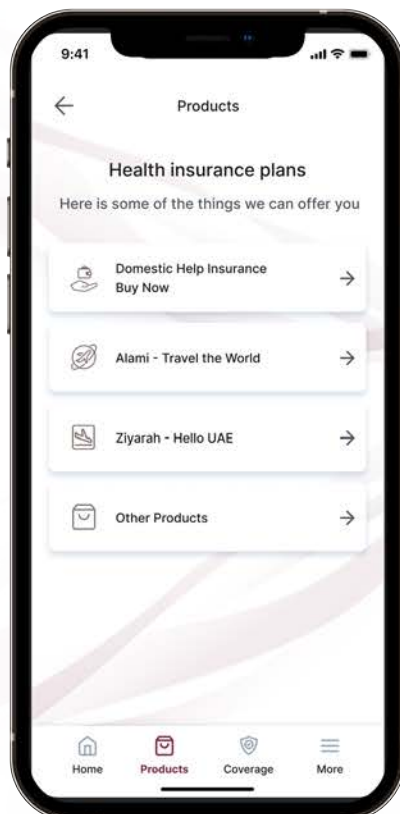
In-bound travel emergency health insurance that provides a wide range of protection options in case unexpected medical attention is required during your visit to the UAE.

Daman Products and Services



Step 1:

From the dashboard on the homepage, select 'Products'.

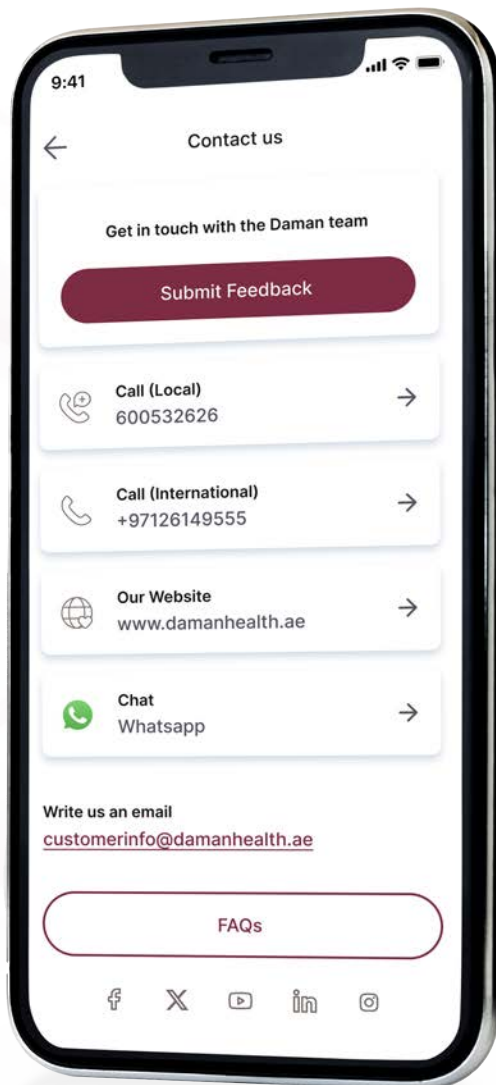


Step 2:

Explore all Daman Insurance products for you and your family.

Contact Us

Get in touch with us
600 - 5 - 32626



Thank You



Get The Daman App