Benign Prostatic Hyperplasia Management

Adjudication Rule

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Abstract

For Members

Benign prostatic hyperplasia/hypertrophy (BPH) is a common condition in men associated with an increase in the size of the prostate gland, potentially slowing or blocking the urinary stream. In some men, it may lead to lower urinary tract symptoms (LUTS) such as the need to urinate frequently, dribbling or leaking of urine, a need to strain during urination, a sensation of incomplete bladder emptying etc.

Management of BPH, if medically necessary, is covered for all health insurance plans administered by Daman as per policy terms and conditions.

For Medical Professionals

Daman covers management of BPH as per medical necessity.

Specialized diagnostic tests and surgical treatments for BPH are covered according to the criteria mentioned in the "Eligibility/Coverage criteria" section.

Daman does not cover those treatment procedures that are considered to be phytotherapeutic/herbal (subject to policy terms and conditions), experimental or unproven.
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Scope
This guideline specifies all the coverage details for the management of Benign Prostatic Hyperplasia (BPH) for all the health insurance plans administered by Daman.

Adjudication Policy

Eligibility / Coverage Criteria
Daman covers management of BPH (including both investigations and treatments) for all health insurance plans administered by Daman, as per policy terms and conditions.

Diagnostic modalities/investigations
Please note that the following tests will only be covered if the given indications and the coverage criteria are met

<table>
<thead>
<tr>
<th>Tests</th>
<th>Coverage criteria/Indications</th>
</tr>
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<tbody>
<tr>
<td>Prostate Specific Antigen (PSA)</td>
<td>PSA will not be covered if done on the same day as DRE (Digital Rectal Examination), as efficacy of doing it on the same day is not established.</td>
</tr>
<tr>
<td>Imaging (Plain abdominal X-ray, Ultrasound, IVU, CT)</td>
<td>Patients with LUTS (Lower Urinary Tract Symptoms) with ANY of the following additional conditions: hematuria, urinary tract surgery, recurrent UTIs, sterile pyuria, urolithiasis, recent onset nocturnal enuresis, renal insufficiency.</td>
</tr>
<tr>
<td>Cystoscopy</td>
<td>Patients with LUTS with ANY of the following additional conditions: Recurrent infection, sterile pyuria, hematuria, urolithiasis, renal insufficiency, nocturnal enuresis.</td>
</tr>
<tr>
<td>Uroflowmetry</td>
<td>LUTS, nocturnal enuresis</td>
</tr>
<tr>
<td>Post-Void Residual Urine</td>
<td>LUTS</td>
</tr>
<tr>
<td>Pressure flow studies</td>
<td>LUTS</td>
</tr>
<tr>
<td>Cystometry</td>
<td>LUTS</td>
</tr>
</tbody>
</table>

Conservative management
It is considered a part of E/M. Coverage of containment products is subject to policy terms and conditions.

Medical management
Daman covers pharmacological management of BPH based on medical necessity and in accordance with international best practice and evidence-based medicine.

Surgical management
Daman will only cover surgical treatments for BPH if the following criteria are met and documented:

1. Men with LUTS for whom medical treatment has been unsuccessful OR
2. If ANY of the following conditions appear:
   - Renal insufficiency
   - Hydronephrosis
   - Gross hematuria
   - Recurrent or persistent UTIs
   - Large bladder diverticula
   - Bladder stones

Requirements for Coverage
ICD and CPT codes must be coded to the highest level of specificity.

Non-Coverage
Daman does not cover any treatment of BPH for the Visitors Plan.

Coverage of the following treatments for BPH will be subject to policy terms and conditions:
   - Homeopathy/ Alternate medicines/ Phytotherapy
   - Acupuncture

Experimental/unproven treatments or treatments that are not considered medically necessary are NOT covered for any health insurance plan administered by Daman.

Payment and Coding Rules
Please apply HAAD payment rules and regulations and relevant coding manuals for ICD, CPT, etc.

Billing Rule
As per the AMA CPT coding rules, do NOT report Cystourethroscopy (52281) along with the following codes (as cystourethroscopy is part of the following procedures):
52601, 52630, 52647, 52948, 52649

Adjudication Examples

Example 1
Question: A 50 year old male holding a Thiqa Plan having BPH is sent for the following:
   - BPH
   - Urinary frequency
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- Urinary urgency
- PSA
- Cystourethroscopy

How will you adjudicate this claim?

**Answer:** Claim will be accepted and all services will be covered except cystourethroscopy.

Example 2

**Question:** A 60 year old male holding a Regional Plan, is diagnosed with BPH and the claim is sent for the following treatment:

- Transurethral electrosurgical resection of prostate
- Cystourethroscopy, with calibration and/or dilation of urethral stricture or stenosis, with or without meatotomy, with or without injection procedure for cystography

How will you adjudicate this claim?

**Answer:** Transurethral electrosurgical resection of prostate will be accepted. Cystourethroscopy will be rejected under PRCE-002 because it is included in Trans-urethral electrosurgical resection.

### Denial codes

<table>
<thead>
<tr>
<th>Code</th>
<th>Code description</th>
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<tbody>
<tr>
<td>MNEC-003</td>
<td>Service is not clinically indicated based on good clinical practice</td>
</tr>
<tr>
<td>MNEC-004</td>
<td>Service is not clinically indicated based on good clinical practice, without additional supporting diagnoses/activities</td>
</tr>
<tr>
<td>AUTH-001</td>
<td>Prior approval is required and was not obtained</td>
</tr>
<tr>
<td>AUTH-005</td>
<td>Claim information is inconsistent with pre-certified/authorized services</td>
</tr>
<tr>
<td>CODE-005</td>
<td>Diagnosis is inconsistent with the patient’s gender</td>
</tr>
<tr>
<td>NCOV-001</td>
<td>Diagnosis/es is(are) not covered</td>
</tr>
<tr>
<td>NCOV-003</td>
<td>Service(s) is (are) not covered</td>
</tr>
<tr>
<td>PRCE-002</td>
<td>Payment is included in the allowance for another service</td>
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### Appendices

#### A. References


B. Revision History

<table>
<thead>
<tr>
<th>Date</th>
<th>Change</th>
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<tbody>
<tr>
<td>01-07-13</td>
<td>V1.1: New template</td>
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</table>
| 15-07-14   | 1. V 2.0  
             | 2. Disclaimer updated as per system requirements                        |