Septoplasty Indications

Adjudication Rule

Abstract

For Members

Septoplasty is a corrective surgical procedure done to straighten the nasal septum, which is the partition between the two nostrils. Ideally, the septum should run down the centre of the nose but sometimes it deviates into one of the nostrils, narrowing the space in that nostril and obstructing the airflow. Daman covers septoplasty for all plans administered by Daman if medically necessary except visitors plan and Basic (Abu Dhabi plan).

For Medical Professionals

Septoplasty, if medically necessary is covered for all health insurance plans administered by Daman except for the Visitors Plan and Basic Plan.

Related Adjudication Rules: None

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Septoplasty Indications

Scope
This guideline explains the medical necessity and coverage of Septoplasty for all health insurance plans administered by Daman.

Septoplasty is a corrective surgical procedure done to straighten the nasal septum, which is the partition between the two nasal cavities. Ideally, the septum should run down the centre of the nose. When it deviates into one of the cavities, it narrows that cavity and impedes airflow.

Adjudication Policy

Eligibility / Coverage Criteria
Septoplasty, if medically necessary is covered for all health insurance plans administered by Daman except for the Visitors Plan and Basic Plan.

Daman considers Septoplasty as medically necessary in any of the following indications:

1. Nasal airway obstruction due to Septal Deviation with the following additional findings:
   - With symptoms of mouth breathing, nasal congestion and sleep apnea; AND
   - There is absence of other causes of obstruction (for example nasal polyp, hypertrophic turbinates, tumor etc.); AND
   - There is failure of conservative management.
   All the above findings should be documented
2. Sinus ostium obstruction by impacted septal deviation
3. Recurrent epistaxis related to septal deformity
4. Documented recurrent sinusitis secondary to deviated septum where conservative management has failed
5. Traumatic fracture
6. Surgical Access required to perform medically necessary surgical procedures

Requirements for Coverage
ICD and CPT codes must be coded to the highest level of specificity.

Non-Coverage
Septoplasty is not covered for those health insurance plans which do not have the benefit of coverage.

Daman does not cover septoplasty in the following conditions:

1. Deviated nasal septum with no symptoms and/or no surgical access required.
2. Trial of conservative management not documented.
3. Nasal obstruction caused by conditions other than deviated nasal septum (e.g. polyps, turbinate hypertrophy, tumors etc.) unless surgical access is required for the procedure (For example, surgical access required for polyp excision).
5. Snoring not associated with any other conditions causing airway obstruction.

Payment and Coding Rules
Please apply HAAD payment rules and regulations and relevant coding manuals for ICD, CPT, etc.

Adjudication Examples

Example 1

Question: 35 year old male, holding Thiqa Plan, was diagnosed with the Deviated Nasal Septum. He was advised to undergo septoplasty. Will this service be covered for the patient?

Answer: Septoplasty will not be covered for this patient. Claim will be rejected as MNEC-004.

Example 2

Question: 23 year old female, holding Basic Plan, was diagnosed with Epistaxis and Deviated Nasal Septum. She was advised to undergo septoplasty. Will this service be covered for the patient?

Answer: Deviated nasal septum is not covered for the Basic Plan. Claim will be rejected as NCOV-001.

Example 3

Question: 56 year old man, holding UAE SEHA Plan, was diagnosed with closed fracture of nasal bones and deviated nasal septum. He was advised to undergo septoplasty. Will this service be covered for the patient?

Answer: The service will be covered for this patient.
Septoplasty Indications

Denial codes

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Appendices

A. References

1. Daman Schedule of Benefits and General Exclusions.
5. British Medical Journal, Evidence Centre
6. PubMed- NCBI.

B. Revision History

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